## **BURMESE PEOPLE**

**STATISTICS** 

Population 31, 842,000

Christian 0.35%

Evangelical - 0.07%

Largest Religion - Hindu 94.95%

Main Language - Burmese

The Burmese people are the political, economic & religious leaders of Myanmar, formerly known as Burma.

Myanmar has had a long history of coups, wars, & rebellions.

The Burmese are predominantly Buddhists. The traditional goal in Buddhism is to seek the middle path to nirvana, or ultimate peace. The Burmese have mixed these Buddhist beliefs with their own animistic beliefs.

Their animistic beliefs center around inherently evil spirits called nats. Most Burmese spend their lives trying to appease the nats so that they will be protected from any other evil spirits that may seek to harm them. Many Burmese homes have altars for the spirits, as well as a statue of Buddha.





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